

MNPS Middle School Cross Country Schedule 2023 Season

- Wednesday, August 16th: Practice Meet ◦ Girls Race at 5:00 ◦ Boys Race at 5:30
 - Wednesday, August 23rd: Week 1 Meet ◦ JV Race (mixed gender (boys and girls) at 4:45 ◦ Girls Varsity Race at 5:15 ◦ Boys Varsity Race at 5:45
 - Tuesday, August 29th: Week 2 Meet ◦ JV Race (mixed gender (boys and girls) at 4:45 ◦ Girls Varsity Race at 5:15 ◦ Boys Varsity Race at 5:45
 - Wednesday, September 6th: Week 3 Meet ◦ JV Race (mixed gender (boys and girls) at 4:45 ◦ Girls Varsity Race at 5:15 ◦ Boys Varsity Race at 5:45 •
- Tuesday, Sept 12th: City Championship Meet ◦ JV Race (mixed gender (boys and girls) at 4:45 ◦ Girls Varsity Race at 5:15 ◦ Boys Varsity Race at 5:45
- Saturday, September 23rd: TMSAA Cross Country Sectionals ◦ Details To Be Announced later