

# MEIGS MEMOS

Meigs Academic Magnet Middle School - September 27, 2022

## ADMINISTRATORS

**Dr. Scott Underwood**

Executive Principal

[samuel.underwood@mnps.org](mailto:samuel.underwood@mnps.org)

**Dr. Sonja Wilson-Rosse, 6th & 8th grades**

Assistant Principal

[sonja.wilson-rosse@mnps.org](mailto:sonja.wilson-rosse@mnps.org)

**Dr. Carmen Mullins, 5th & 7th grades**

Assistant Principal

[carmen.mullins@mnps.org](mailto:carmen.mullins@mnps.org)



## PARENT ADVISORY COUNCIL OPPORTUNITY

MNPS has provided an opportunity for two parents from each school to serve on an advisory council.

A school that is thriving in authentic family engagement leads with its ears and listens to families about their dreams, hopes and concerns. The Parent Advisory Council (PAC) serves as a catalyst for family voice inside each Metro school in the entire MNPS school system and across Nashville. We will take the first two volunteers who reach out to Dr. Mullins, [carmen.mullins@mnps.org](mailto:carmen.mullins@mnps.org), if you are interested in serving on the PAC to represent Meigs.

## SOCIAL EMOTIONAL LEARNING

Check out our [SEL at Meigs](#) & look for SEL information here each week in Meigs Memos!

**SEL for Parents:** "Studies in both animals and people show pretty clearly that stress can affect how the brain functions, says Dr. Kerry Ressler, chief scientific officer at McLean Hospital and professor of psychiatry at Harvard Medical School. Scientists have seen changes in how the brain processes information when people experience either real-life stress or stress manufactured in a research setting. (For the latter, researchers might challenge subjects to perform a difficult task, such as counting backward from the number 1,073 by 13s while being graded.) Either type of stress seems to interfere with cognition, attention, and memory." For more information, go to our SEL at Meigs website (<https://selatmeigs.weebly.com/sel-for-parents-2022-2023.html>).

Susan K. Purcell-Orleck

SEL Facilitator

## COUNSELING CORNER

Melody Osborne, 5th & 7th grade School Counselor

[melody.osborne@mnps.org](mailto:melody.osborne@mnps.org)

Belinda Hotchkiss, 6th & 8th grade School Counselor

[belinda.hotchkiss@mnps.org](mailto:belinda.hotchkiss@mnps.org)

### Counseling Corner:

Just as you keep a careful eye on your middle schooler's physical health, it's important to keep tabs on their mental well-being, too. Here's how.

**Start a conversation.** Talking about mental health struggles lets your middle grader know they're not alone. Try saying, "I heard a lot of kids are stressed or depressed lately. How are you feeling?" Or they might be more comfortable opening up if you keep the focus off of them: "How are your friends doing? Have they mentioned feeling worried or sad?"

**Keep talking.** Make conversations about emotions part of everyday life, not something you bring up only when there's a problem. At dinner, ask everyone to share something that made them feel good that day. This opens the door to discussing negative feelings, too.

For more information on our school counseling program please visit our web page at

<http://www.meigsacademicmagnet.org/school-counseling.html>

## SECOND HARVEST FOOD DRIVE

Student Council is holding its annual food drive for Second Harvest, and it will run from September 26 - October 5. Once again, we are entered in the News Channel 2 Second Harvest Food Drive competition. If we are one of the top three schools in the state, we will win \$500 for our school. Student Council is challenging all students to make this the highest level of donations, yet. Student Council homeroom representative will have a box in the classroom to place items in. See informational posters around the school for needed items.

If you have any questions, contact Ms. Shaffer or Mrs. England.

\*Remember that giving to those in need is the best gift!

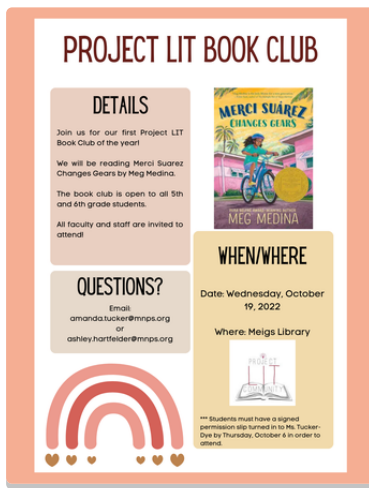
## MEIGS TALENT SHOWCASE

The show will be held on Thursday, November 10 at 7pm in the gymnasium. You do not want to miss this spectacular event. Look for more information coming soon from our PTO about this evening of fun!

Email Mrs. England or Ms. Poe if you have any questions.

[Harmony.England@mnps.org](mailto:Harmony.England@mnps.org)

[Lauren.poe@mnps.org](mailto:Lauren.poe@mnps.org)



## MEIGS LIBRARY - PROJECT LIT BOOK CLUB

All 5th and 6th grade students are invited to attend our first Project Lit Book Club. We will be discussing the book *Merci Suarez Changes Gears* by Meg Medina. We will meet on Wednesday, October 19, from 3:30-4:40. Students who wish to attend must return their permission slip no later than October 6.

If you have any questions or need a permission slip, please email [amanda.tucker@mnps.org](mailto:amanda.tucker@mnps.org).

## Meigs Inaugural Lit Night will be a Meigs Fifth Grade Family Lit Night

- October 27th from 5:00 - 7:00 PM.
- Featuring Keynote Speaker: Author Scott Reinken
- Engaging Teacher-led Sessions
- PTO Bake Sale
- Scholastic Book Fair (will run all week)
- Family Sign-ups for teacher-led sessions will be sent out this Friday, September 30th.

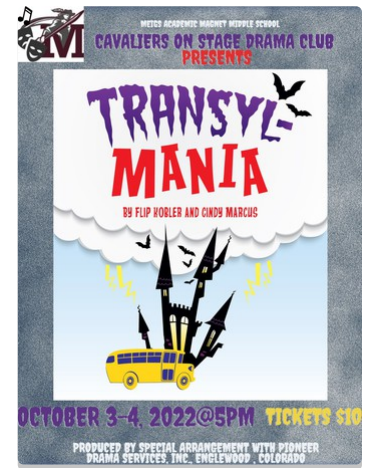


## CAVALIERS ON STAGE DRAMA CLUB

Come support the Cavaliers on Stage Drama Club's Fall Play production of *Transyl-Mania* October 3-4 @ 5pm in the Meigs MPR.

### ABOUT THE SHOW:

Cue the lightning! Cue the thunder! It's monster mayhem in this frightfully fun comedy! Transylvania High School is where the kids of all the classic monster movie villains go to learn the tricks of the trade. There are vampires, mummies, werewolves, zombies, witches, Frankenstein's daughter, the Invisible Man's son, and even the Phantom of the Opera's kid, all of them struggling to live up to their parents' legendary examples. From science fair projects to cliques, these monsters struggle with the same stresses as typical teenagers. When a group of human high school students stumbles upon the monster school thanks to a broken down bus, utter mayhem ensues. Far more silly than spooky, this comedy delivers both loads of laughs and a gentle message about befriending those who are different from us.



### TICKETS:

Tickets are \$10 each general admission. All sales are final--**NO REFUNDS**. You can get your ticket by clicking the link below! Tickets are selling fast.

Hurry now before they're gone! [Transyl-Mania Tickets](#)

## Math+ ADVANCED MATHEMATICS COURSE OPPORTUNITY

Greg Owsley, Director of the [Math+](#) program, has invited Meigs students to participate in an advanced Mathematics course for 6th to 8th graders. Math+ recently teamed up with Amanda Peper from Pope John Paul II Preparatory School to teach this course.

The [Math+](#) program includes 6 courses. Each Math+ course focuses on 1 major idea based on key concepts included in Stanford University's introductory math sequence.

This Fall's course focuses on Geometry. Geometry focuses on questions of shape, size, space and relative position. The concept has clear practical applications, represents a critical standardized test topic, and forms the basis for most engineering disciplines.

The six session course will be taught at Pope John Paul II Preparatory School in Hendersonville, TN on Tuesdays from 4:30 to 5:30 pm starting on Tuesday, October 25th and ending on December 6th. There will be a break on November 22nd for Thanksgiving. The course costs \$250.

Families can sign-up at [www.RedwoodPrep.com](http://www.RedwoodPrep.com).

## VOLLEYBALL TICKETS AND PERMISSION FORMS

### Athletic Tickets:

This year tickets to all home soccer, volleyball, and basketball games will be purchased using Go Fan. To purchase tickets, you can go to their Web site or use the app and search Meigs Academic Magnet School or use the QR Code provided at the event. No cash will be accepted.

[GoFan - The largest high school ticketing solution in the U.S.](#)

### Volleyball Permission Form:

Any student that would like to attend a home volleyball game must have a parent complete this permission form by 8 A.M. on the day of the game. Home games are on September 7, 12, 26, and October 5.

[https://docs.google.com/forms/d/e/1FAIpQLSdj4irJU\\_1EKGtCiwK0etDR4DuoGayfIsolSTPKOFbtDdF-HA/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdj4irJU_1EKGtCiwK0etDR4DuoGayfIsolSTPKOFbtDdF-HA/viewform?usp=sf_link)

## MEIGS MAGNET MIDDLE SCHOOL 2023 YEARBOOK

RESERVE A YEARBOOK BY  
PRE-ORDERING TODAY

### HOW TO ORDER:

1. ONLINE AT  
[YEARBOOKORDERCENTER.COM](http://YEARBOOKORDERCENTER.COM)  
WITH SCHOOL CODE 1259.
2. CASH PAYMENT TO MISS  
HOLLOWAY. MONEY ORDERS  
MADE OUT TO MEIGS.



### DEADLINES:

- \$35 UNTIL NOVEMBER 24.
- \$40 UNTIL JANUARY 31.
- \$45 UNTIL APRIL 9.
- \$50 UNTIL MAY 26.

PERSONALIZATION SALES END APRIL 4.  
PRE-ORDERS END APRIL 9.

QUANTITIES ARE LIMITED. DON'T MISS OUT.

## ORDER YOUR 2023 YEARBOOK

The earlier you purchase your yearbook, the better the price! Check out the cost deadlines now!

# CONGRATULATIONS MEIGS ACADEMIC MAGNET MIDDLE SCHOOL BAND

Congratulations to the following Meigs Academic Magnet Band students who were selected for the 2022 MNPS All-County Honor Band. 50 students from the Meigs Band were selected – twenty-two 8th Grade students and twenty-eight 7th Grade students. The Honor Band clinic will be held Thursday and Friday 3-4 November 2022 at J. T. Moore Middle School.

## 8th Grade Students:

Knox Polk - Alto Saxophone Chair 1; Ella Quintel - Bassoon Chair 1; Cate Assink - Bassoon Chair 2; Ella Grider - Clarinet Chair 1; Eleanor Duff - Contra Alto/Bass Clarinet Chair 1; Gabe Benitez - Euphonium Chair 2; Norah Burnell - Flute Chair 1; Wren Kincaid - Flute Chair 4; Cristian Espino - Horn Chair 1; Andie Proctor - Horn Chair 4; Ouida Mae - Brown - Percussion; Hendrix Rider - Percussion; Sunny Pallan - Tenor Saxophone Chair 1; Harrison Mahaffey - Trombone Chair 1; Ginny McIntyre - Trombone Chair 2; Peyton Goetzinger - Trumpet Chair 2; Gabe Heuser - Trumpet Chair 4; Christian Pitzer - Trumpet Chair 5; Pippa Byrd - Trumpet Chair 8; Willa Powell - Trumpet Chair 9; Joshua Munyampirwa - Tuba Chair 1; Thomas Gourley - Trumpet Chair 1

## 7th Grade Students (Seating is Alphabetical for this Ensemble):

Judah Roddick - Alto Saxophone; Dyara Chambers - Bass Clarinet; Stelisia Midgett - Bass Clarinet; Audrey Hinton - Bassoon; Hannah Stainbrook - Bassoon; Wyatt Cornelius - Clarinet; Lucas Gonzalez - Clarinet; Caroline McLellan - Clarinet; Andrew Wyckoff - Clarinet; Finn Casella - Euphonium; Nathan Southall - Euphonium; Ella Gambill - Flute; DJ Sadler - Flute; Stella Emmons - Horn; Elle Head - Horn; William Vo - Horn; Maya Woods - Horn; Zoe Gonzalez - Oboe; Owen Catalano - Trombone; Gus Gresham - Trombone; Gus Glassmeyer - Trumpet; Aitan Martinez - Trumpet; Ethan Ortegon - Trumpet; Cassidy Alexander - Percussion; Terence Harris - Percussion; Ethan Jeong - Percussion; Pranav Pemmaraju - Percussion; Constantine Zhou - Percussion

## PTO NEWS

### City Saver

This is our final week in our City Saver fundraiser and we need to kick it up! Please consider purchasing the book your child brought home. All money raised goes right back into our classrooms to support our amazing staff and students! It's easy to purchase online at <https://meigsmart.square.site>.


- Please remember to put your student's name and home room in the comments so we can give them proper credit.
- If you choose not to purchase your book please return it, in the envelope, to the front office.
- Any questions, please contact Niki Griffin at [nikihuey@gmail.com](mailto:nikihuey@gmail.com)

Thanks for your support!

### BoomBozz Fundraising Day- THIS THURSDAY

Make plans to dine-in or out at BoomBozz on Thursday, September 29th. The East Nashville (1003 Russell St, Nashville, TN 37206) BoomBozz location will be hosting a Fundraising Day where 15% of your check will be donated to Meigs. This is happening all day and all you need to do is mention Meigs when you place your order.

For further information visit - <https://www.meigspto.com/boombozz-fundraiser.html>



Sept 19th, 2022

Dear Parents,

We are kicking off our 2022 fundraising season by once again selling the popular Nashville City Saver coupon books with their companion iPhone & Android App for DOUBLE SAVINGS! Books are \$30.00 and money raised from the sales of these books supports academics, athletics, arts and activities at Meigs. If every student bought one book and sold one book we would easily hit our goal of \$12,000 profit!

**IF YOU DO NOT WANT TO PURCHASE THE EXCLUDED CITY SAVER BOOK, PLEASE RETURN IT IN THE ORIGINAL ENVELOPE WITH YOUR CHILD'S NAME ON IT BEFORE THE DEADLINE!**

• Please turn in orders and checks weekly. **BOOKS ARE \$30**

• ORDERS WILL BE FILLED AND PRIZES DISTRIBUTED ON TUESDAYS & THURSDAYS

• PREFERRED PAYMENT METHOD: Meigs's website at <https://square.com/store/meigsmt>

• Checks should be made payable to Meigs PTO

• Out of town orders can be purchased at [citysaver.com](http://citysaver.com)

Thank you for supporting the Meigs PTO!  
Niki Griffin, PTO Treasurer/Meigs Academic Magnet Middle School, Soccer Chair

**BOOK PRICE: \$30**

**PRIZES**

Sell 1: Get in drawing for a pair of apple AirPods  
Sell 3: Win silicon AirPods case w/clip  
Sell 5: Free City Saver book/Altitude Trampoline Park pass  
Sell 8: Win safari light and Climb Nashville pass  
Sell 10: Win Escape Game pass and get in drawing for a pair of Predator's tickets  
Sell 15: Win a ticket to our PRIVATE NASHVILLE PREDATORS TOP SELLER PARTY AT DEPT TRAMPOLINE PARK!

\*\*\*ICE CREAM FOR THE WHOLE SCHOOL IF WE SELL 1,000 BOOKS!\*\*\*

WEEKLY DRAWINGS FOR ATTRACTION AND RESTAURANT PASSES!  
TOP TEN SELLERS EARN  
BOOMBOZZ PIZZA GIFT CARDS!

### **Literacy Night Bake Sale & Book Fair**

The Meigs PTO will be hosting a bake sale during the 5th Grade Literacy Night on October 27th from 5:00 - 7:30 p.m. so that families can purchase snacks throughout the event! We are in need of donations for the sale. Donated items can be homemade or store bought and should be individually packaged with a list of ingredients provided. Please sign up and notate in the comment section what you intend to bring. All donated items should be dropped off no later than October 27th in the front office. We are also in need of 2 parent volunteers to help run the Bake Sale during the evening - signups to donate baked goods as well as volunteer to help can be found at - <https://www.signupgenius.com/go/10c0545afae2ca2f85-bake>

The PTO will also be hosting the Scholastic Book Fair during Literacy Night. This will be a great way to stock up on the books you hear about during the night while supporting the wonderful programs at Meigs!

### **Titans Fundraiser**

Enjoy a Titans game and raise money for our school. Discounted tickets for those who use our code, MEIGS, are available for the following games - November 27th v. the Cincinnati Bengals, December 11th v. the Jacksonville Jaguars, and December 24th v. the Houston Texans\*. And best of all, \$10 from each ticket is donated to our PTO!

We have started our Titans swag raffles and they will continue for the next couple of Fridays. The sooner you purchase your tickets the more chances you will have to win some fun Titans swag.

The 11/27 game v. The Bengals is becoming limited on inventory, so if there are any families or faculty members that have not purchased yet for this game and are interested in attending, make sure to do so ASAP! This game will sell out soon!

To get a sneak peak of the swag that will be raffled as well as find out more information, visit - <https://www.meigspto.com/titans-fundraiser.html>

To purchase tickets visit - <https://offer.fevo.com/school-ticket-program-b1d6719> Remember to use the code MEIGS and enjoy the game!

\*Unfortunately, the November 13th game v. the Broncos is sold out. This does not impact anyone who has already purchased tickets for this game.

### **Box Tops for Education**

Have you signed up yet? This is an easy way to earn money to support Meigs with the purchases you already make. All you need to do is download the app and upload your paper and digital receipts, from wherever you shop, within 14 days of purchase. There are over 350 participating products and the app offers special box top reward bonuses that get updated all the time. Sign-up today, the more families that participate the more we earn for Meigs! For further information, including a video tutorial on how to sign up, visit <https://www.meigspto.com/shopping-and-rewards.html>

### **Meigs Mart**

The online Meigs Mart store is now open! Visit <https://meigsmart.square.site> to purchase any Meigs ware. Please make sure you include your child's contact information during check-out. Happy Shopping!

## **PTO Needs Help For The 2022 – 2023 School Year**

The PTO is looking for an Invest Level Liaison (6th or 8th Grade) for the 2022 – 2023 school year. More information about this position can be found at - <https://www.meigspto.com/open-pto-positions-2022---23.html>

### **More Information**

Need more information about Meigs and its PTO?? Here are some sites to visit –

Website: <https://www.meigspto.com/>

Facebook "Meigs PTO" Page: <https://www.facebook.com/MeigsPto>

Facebook "Meigs PTO Carpool Connection" Page:

<https://www.facebook.com/groups/238990073536430>

Instagram "MeigsPto" Page: <https://www.instagram.com/meigspto/>

## **INVEST UPDATE!**

**Please help us raise the last \$3,620 to reach our goal** We are so close – almost **92% of the way to our \$45,000 INVEST goal, raising \$41,380 so far**. With just a little more support from you, we will be at our goal before Fall Break.

The **average donation amount is \$258** and so far **the largest donation this year is \$2,000**. And just to reiterate that all donations matter, over a **third of our total has come from donations under \$250**.

Here is the overall breakdown by grade:

- **5th Grade: \$12,174** – 59 of 174 student's families (**34%**)
- **6th Grade: \$10,705** – 44 of 179 student's families (**25%**)
- **7th Grade: \$9,730** – 34 of 175 student's families (**19%**)
- **8th Grade: \$8,121** – 26 of 172 student's families (**15%**)

There are **699 Meigs students** this year who benefit from the investments that you make in our school, and so far **163 families have donated \$40,730** and we have received **two donations from outside the school totaling \$650** – thank you so much to those who have already donated. Imagine what that total will look like when we have at least half of our families contributing.

As a reminder, your donations to INVEST fund some of the resources that make our students' Meigs experience so exceptional: classroom instructional materials, arts & technology, physical education, athletics, clubs, and much more! Many of these investments are "must haves" for our teachers to provide the excellence in education we have come to expect as Meigs families. We want to continue providing our amazing faculty what they need to give our children a top-notch education.

As always, we understand that each of us have varying circumstances and, **if the remaining 77% of families donate what you are able, even small amounts, we can meet this goal together. Every donation matters, whether it is \$25, \$250 or \$1,161!**

Also if you have other family members who might want to invest in your child at Meigs, ask them to donate too using the links below – we accept donations from anyone who cares about Meigs!

Making a donation is easy, just select the [DONATE TO INVEST](#) button on the [PTO INVEST website](#)(<https://www.meigspto.com/invest-campaign.html>). You may also mail your gift as a check to: MEIGS PTO INVEST, 713 Ramsey St, Nashville, TN 37206. Please make checks payable to Meigs PTO and write "INVEST" in the Memo line.

On behalf of our students and teachers, thank you for your continued support. We are truly grateful.

Rob Jack  
7th Grade Parent and INVEST Chair

## COVID GUIDELINES 2022-2023

If you have additional questions, aside from the information provided below, please contact the school nurse.

### **My student tested positive, or I am a staff member who tested positive. Whom should I contact?**

If a student or staff member tests positive, please email school administrators and/or the school nurse. Please include the date that symptoms began and the date of the positive test.

### **My student tested positive, how long do they (I) have to stay out of school?**

The current CDC guidance for positive cases requires a 5-day isolation period. The beginning of isolation will start after the start of symptoms or positive test, whichever is earliest.

### **Does a student or staff member need a negative test to return to school?**

No, MNPS does not require negative tests to return to school after isolation



## CONTACT INFORMATION



 @Meigs\_Magnet


MNPS WEBSITE

[www.mnps.org](http://www.mnps.org)

TECHNOLOGY SUPPORT

<https://technology.mnps.org/support>

 713 Ramsey Street, Nashville, ...  615.271.3222

 [meigsacademicmagnet.org](http://meigsacademicmagnet.org)