

# MEIGS MEMOS

MEIGS ACADEMIC MAGNET MIDDLE SCHOOL



## ADMINISTRATORS

Dr. Scott Underwood  
Executive Principal

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Dr. Sonja Wilson-Rosse, 6th & 8th grades  
Assistant Principal

[sonja.wilson-rosse@mnps.org](mailto:sonja.wilson-rosse@mnps.org)

Dr. Carmen Mullins, 5th & 7th grades  
Assistant Principal

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## SOCIAL EMOTIONAL LEARNING

Check out our [SEL at Meigs](#) & look for SEL information here each week in Meigs Memos!

**SEL for Parents:** So, you're the parent or caregiver of a middle schooler. Welcome to the club! This can be one of the most challenging parenting tests you've faced so far. While your child is testing boundaries and limits, it may feel like what's really being tested is your patience. Understanding what's going on with your middle schooler can go a long way toward fostering healthy relationships and creating some peace in your home. While every child and family are different, visit our SEL at Meigs website (<https://selatmeigs.weebly.com/sel-for-parents-2022-2023.html>) for some pointers to help you navigate the challenging middle-school years.

Susan K. Purcell-Orleck  
Meigs Academic Magnet Middle School

# COUNSELING CORNER

Melody Osborne, 5th & 7th grade School Counselor

[melody.osborne@mnps.org](mailto:melody.osborne@mnps.org)

Belinda Hotchkiss, 6th & 8th grade School Counselor

[belinda.hotchkiss@mnps.org](mailto:belinda.hotchkiss@mnps.org)

## Counseling Corner:

Pleasant goodbyes set a nice tone for the day. Get in the habit of saying, "Have a terrific day!" to your tween before going off to school and work. Or give them a high-five or a hug on the way out the door. Leaving on an upbeat note will help both of you feel good about the day ahead. Hope everyone had a terrific and restful break!

For more information on our school counseling program please visit our web page at <http://www.meigsacademicmagnet.org/school-counseling.html>

# PROGRESS REPORTS

- **Progress Reports** go home with students today, September 6, 2022.
- TNReady scores from Spring, 2022 will be stapled with the progress report.
- NEW STUDENTS at Meigs may not receive their TNReady Scores because we haven't received them from their previous school.
- We will send them with your student as soon as we receive them.

# FALL PICTURES

Mark you calendars. **Fall Pictures** will be taken on **Thursday, September 8**. All students will be photographed as these are the pictures that will be used in the 2022-2023 yearbook. Students must follow the dress code policy.

If you would like to pre-order, flyers and prepay envelopes will be sent home with your student on Tuesday, September 6. Your child must hand the pre-pay envelope directly to the photographer, so please don't send it to school until Thursday, September 8. If you are using cash, please make sure that it is the correct amount. **No change can be given.**

You also have the option of pre-ordering online at [mylifetouch.com](http://mylifetouch.com) (Picture Day ID: EVTVCVW2).

# FIRST ENRICHMENT DAY

Enrichment Clubs will begin this Friday, September 9th!

Teachers are excited to host an Enrichment Club opportunity for students. Please ask your student about the Enrichment Club they signed up to attend. Enrichment Clubs will be held during the school day.

## LIT NIGHT - SAVE THE DATE!

Lit Night at Meigs

Thursday, October 27th

5:00 - 7:30 PM



More information to follow!



## 2022-2023 MEIGS CHESS PROGRAM

Check out the Meigs Magnet School [Chess Program!](#)

## VOLLEYBALL TICKETS AND PERMISSION FORMS



### Athletic Tickets:

This year tickets to all home soccer, volleyball, and basketball games will be purchased using Go Fan. To purchase tickets, you can go to their Web site or use the app and search Meigs Academic Magnet School or use the QR Code provided at the event. No cash will be accepted.

[GoFan - The largest high school ticketing solution in the U.S.](#)

### Volleyball Permission Form:

Any student that would like to attend a home volleyball game must have a parent complete this permission form by 8 A.M. on the day of the game. Home games are on September 7, 12, 26, and October 5.

[https://docs.google.com/forms/d/e/1FAIpQLSdj4irJU\\_1EKGtCiwK0etDR4DuoGayflsolSTPKOFbtDdF-HA/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdj4irJU_1EKGtCiwK0etDR4DuoGayflsolSTPKOFbtDdF-HA/viewform?usp=sf_link)



## SIXTH GRADE SCIENCE CAMP - NOVEMBER 15 - 17TH

Science camp for sixth grade is November 15-17th.

Parent meeting- Thursday, September 8th at 5:30pm in the Meigs cafeteria.

Sixth grade parents are invited to attend a meeting in the Meigs cafeteria on Thursday, September 8th at 5:30pm. Lisa Vassar from Ridley 4-H Center will be at Meigs that evening to discuss the upcoming sixth grade science camp trip and meet with parents.

## PTO NEWS

### Titans Fundraiser

Enjoy a Titans game and raise money for our school. Discounted tickets for those who use our code, MEIGS, are available for the following games - November 27th v. the Cincinnati Bengals, December 11th v. the Jacksonville Jaguars, and December 24th v. the Houston Texans\*. And best of all, \$10 from each ticket is donated to our PTO!

We started our Titans swag raffles last week and they will continue for the next five Fridays. The sooner you purchase your tickets the more chances you will have to win some fun Titans swag. Plus, if we purchase 90 more tickets for the 11/27 game against the Bengals, Meigs will be invited onto the field for a special post-game photo op! This is an amazing opportunity for Titans fans of all ages!

To get a sneak peak of the swag that will be raffled as well as find out more information, visit - <https://www.meigspto.com/titans-fundraiser.html>

To purchase tickets visit - <https://offer.fevo.com/school-ticket-program-b1d6719> Remember to use the code MEIGS and enjoy the game!

\*Unfortunately, the November 13th game v. the Broncos is sold out. This does not impact anyone who has already purchased tickets for this game.

### Meigs Mart

The online Meigs Mart store is now open! Visit <https://meigsmart.square.site> to purchase any Meigs ware. Please make sure you include your child's contact information during check-out. Happy Shopping!

### PTO Meeting

Did you miss the PTO meeting last week? You can listen to the August meeting at - <https://www.meigspto.com/august-25-2022.html>

### PTO Needs Help For The 2022 – 2023 School Year

The PTO is looking for an Invest Level Liaison (6th or 8th Grade) for the 2022 – 2023 school year. More information about this position can be found at <https://www.meigspto.com/open-pt0-positions-2022--23.html>

### Shopping & Rewards

Want a simple way to help Meigs? Link your shopping rewards accounts at Amazon, Publix, and Kroger. You can also digitally collect your Box Tops for Education.

In years past, the monies raised from these efforts have helped grow our technology, music, and athletic programs. For info on how to easily link your accounts go to - <https://www.meigspto.com/shopping-and-rewards.html>

### More Information

Need more information about Meigs and its PTO?? Here are some sites to visit –

Website: <https://www.meigspto.com/>

Facebook "Meigs PTO" Page: <https://www.facebook.com/MeigsPto>

Facebook "Meigs PTO Carpool Connection" Page:  
<https://www.facebook.com/groups/238990073536430>

Instagram "MeigsPto" Page: <https://www.instagram.com/meigspto/>

## **MEIGS INVEST CAMPAIGN GOALS**

Good afternoon Meigs families! We kicked off the Meigs INVEST campaign just over a week ago and already we are almost **40% of the way to our \$45,000 INVEST goal, raising \$17,416 so far**. We are well on our way to wrap up the INVEST campaign by Fall Break if we keep up this pace – I feel confident that we can do it!

The **average donation amount is \$252** and so far **the largest donation is \$1,161.27!**  
Our largest donation last year was **\$1500**, for anyone who would like to top that.

There are **697 Meigs students** this year who benefit from the investments that you make in our school, and so far **69 families have donated \$16,916** and we have received a **\$500 donation from outside the school**– thank you so much to those who have already donated! Imagine what that total will look like when we have at least half of our families contributing.

As a reminder, your donations to INVEST fund some of the resources that make our students' Meigs experience so exceptional: classroom instructional materials, arts & technology, physical education, athletics, clubs, and much more! Many of these investments are "must haves" for our teachers to provide the excellence in education we have come to expect as Meigs families. We want to continue providing our amazing faculty what they need to give our children a top-notch education.

As always, we understand that each of us have varying circumstances and, **if the remaining 90% of families donate what you are able, even small amounts, we can meet this goal together.**

Here is the overall breakdown by grade:

**5th Grade: \$5,500** – 26 of 174 student's families

**6th Grade: \$3,595** – 19 of 177 student's families

**7th Grade: \$4,530** – 14 of 174 student's families

**8th Grade: \$2,911** – 10 of 172 student's families

**Every donation matters, whether it is \$25 or \$1,161!**

Also if you have other family members who might want to invest in your child at Meigs, ask them to donate too using the links below – we accept donations from anyone who cares about Meigs!

Making a donation is easy, just select the [DONATE TO INVEST](#) button on the [PTO INVEST website](#)(<https://www.meigspto.com/invest-campaign.html>). You may also mail your gift as a check to: MEIGS PTO INVEST, 713 Ramsey St, Nashville, TN 37206. Please make checks payable to Meigs PTO and write "INVEST" in the Memo line.

On behalf of our students and teachers, thank you for your continued support. We are truly grateful.

Rob Jack

7th Grade Parent and INVEST Chair

## **COVID GUIDELINES 2022-2023 - FAQ**

**The purpose of this FAQ is to clarify new COVID information and guidance as it pertains to MNPS. If you have additional questions, please contact your school nurse.**

Included in the FAQ is a link at the bottom on mask recommendations including how to ensure a proper fit. Physical distancing, mask wearing, and handwashing are essential migration strategies that should be practiced daily to keep the school community safe. Please remember to stay home if you do not feel well.

### **What is the difference between isolation and quarantine?**

When someone has tested positive for COVID, they are in isolation. When someone is identified as a close contact of someone with COVID, they are not required to isolate.

### **What is the isolation timeline?**

- The first day of symptoms OR the date of a positive test (whichever is earlier) is Day 0. A person who has COVID is required to isolate for 5 days following the onset of symptoms or positive test result. They are allowed to return to school on Day 6 ONLY if all symptoms have subsided and they have not had a fever in at least 24 hours without the use of fever-reducing medications (Motrin, Tylenol, etc.) The CDC recommends the individual should wear a mask in public and at school/work through day 10. Returning to work/school and activities is dependent on symptoms resolving and being fever-free for 24 hours without the use of medication.
- If symptoms have not resolved and a fever persists after day 5, contact your school nurse or a support hub nurse (support hub employees) for additional guidance. You will be required to stay home for an additional 5 days. Remember, if you are not feeling well, do not come to school or work.
- There is no need to test prior to returning to work/school. However, if you choose to test before you return and it is still positive, isolation will continue through day 10 and return to school/activities after day 10.

### **What is the quarantine timeline?**

Close contacts, whether vaccinated or not, are no longer excluded from work/school in MNPS.

### **What kind of COVID test is acceptable?**

A PCR or a rapid antigen test are both acceptable tests, including home Rapid tests.

### **Are results from an over-the-counter antigen COVID test acceptable?**

Yes. If you have an at-home test that reads positive, it is not necessary for you to test again-PCR or rapid. We DO NOT need to see a negative test to return to work/school. A positive case only needs to complete their isolation and be fever-free and recovered before returning to work/school.

### **Where can I go to get a COVID test?**

MNPS offers testing for students and staff through the school nurse. Individuals must be symptomatic or exposed, along with a written consent on file.

In addition to the standard testing sites, there are pop-up testing sites around the city when testing demand is high. You can find information for all of these by checking the testing calendar on <https://www.asafenashville.org/>. The Metro Health Department also publishes this information on Twitter, Instagram and their Facebook page.

**If a student wakes up with symptoms, do I need to keep my other students home from school?**

No. The other students can go to school while you await test results for the symptomatic student. Your other MNPS students may also continue going to school if someone in the house is positive for COVID. If someone in your home has COVID, they should isolate as much as possible to one room, use a separate bathroom and wear a mask if they need to leave the room for any reason.

**My student tested positive, or I am a staff member who tested positive. Whom should I contact?**

If a student or staff member tests positive, please email school administrators and/or the school nurse. Please include the date that symptoms began and the date of the positive test. We recommend that students follow up with their teachers to ensure they are aware of the work that must be completed while isolating. Students are strongly encouraged to continue their academic progress during a temporary COVID-19 isolation period.

**My student tested positive, or I am a staff member who tested positive. How long do they (I) have to stay out of school?**

The current CDC guidance for positive cases requires a 5-day isolation period. The beginning of isolation will start after the start of symptoms or positive test, whichever is earliest.

For example, if Suzy had a sore throat and fever on June 12, then tested positive on June 13, we would designate June 12 as her "Day Zero." She would isolate until the end of Day 5, returning to school/normal activities on Day 6. For Suzy, that means she would return to school on June 18. She should wear a well-fitting mask for the full 10 days. HOWEVER, if Suzy still has a fever or other major symptoms that have not resolved, she will need to isolate until those symptoms have been gone for 24 hours without the use of medication. This does not include symptoms such as a mild, lingering cough, as those can continue for weeks or months after illness in some people. You can also refer to the previous section discussing isolation.

**My student tested positive but feels ok and could do schoolwork at home. What should we do?**

Work with school leaders to do the following:

- When a student has tested positive for COVID, a remote learning option is not available this year. MNPS has reverted to pre-COVID where the student can be provided



opportunities to learn (e.g., via Schoology), and the student will be marked with an excused absence as they would be with any other illness (e.g., flu, strep throat).

- All absences will be marked as EXCUSED while the student is in isolation.

### **Who do I contact with attendance questions?**

You can contact your student's school administrator or front office staff for questions related to attendance.

### **Who do I ask for details about schoolwork?**

Please contact your student's teacher(s) if you have questions about schoolwork.

### **My student is vaccinated and was a close contact to someone and they were unmasked (for example, eating lunch together). Do they need to be quarantined considering their exposure was unmasked?**

No. Students will ONLY be required to isolate if they are a confirmed positive case.

### **Will I be notified if my student was a close contact to a positive case?**

Notification of exposure and guidance will be provided for students in a class with a confirmed case. If you are not sure you have the correct email or phone numbers on file, please check with the front office staff. If notified and you have questions about the exposure, contact your school nurse.

### **Does a student or staff member need a negative test to return to school?**

No, MNPS does not require negative tests to return to school after isolation.

### **Does a student or staff member need a note from a medical provider to return to school?**

No, they can simply come back with a parent note (for students) stating that they are not symptomatic, and it has been at least five days since start of symptoms/positive test. Remember, the day they started having symptoms (or tested positive if asymptomatic – whichever is first) is Day Zero. They may return to school/work on Day 6. HOWEVER, if the student still has a fever or other major symptoms that haven't resolved, the student will need to isolate until those symptoms have been gone for 24 hours without the use of medication and then return to school.

Face coverings refresher: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html>



# CONTACT INFORMATION

MNPS WEBSITE

[www.mnps.org](http://www.mnps.org)

TECHNOLOGY SUPPORT

<https://technology.mnps.org/support>

 713 Ramsey Street, Nashville,...

 615.271.3222

 [meigsacademicmagnet.org](http://meigsacademicmagnet.org)

