

MEIGS MEMOS

MEIGS ACADEMIC MAGNET MIDDLE SCHOOL

Dr. Scott Underwood

Executive Principal

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Dr. Sonja Wilson-Rosse, 6th & 8th grades

Assistant Principal

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Dr. Carmen Mullins, 5th & 7th grades

Assistant Principal

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COUNSELING CORNER

Melody Osborne, 5th & 7th grade School Counselor

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Belinda Hotchkiss, 6th & 8th grade School Counselor

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Ask your student about school. Be creative when doing so. Instead of asking, "How was school?" Or "What did you do today?" Try asking something like, "What made you laugh today?" or "What was the most interesting thing a teacher said today?" Get even more creative and share something about *your* day first. Your student might be more likely to open up.

For more information on our school counseling program please visit our web page at

<http://www.meigsacademicmagnet.org/school-counseling.html>

SOCIAL EMOTIONAL LEARNING

Check out our [SEL website](#) & look for SEL information here each week in Meigs Memos!

SEL for Parents: "All kids and teens feel stressed at times. Stress is a normal response to changes and challenges. And life is full of those – even during childhood. We tend to think of stress as a bad thing, caused by bad events. But upcoming good events (like graduations, holidays, or new activities) also can cause stress. Kids and teens feel stress when there's something they need to prepare for, adapt to, or guard against. They feel stress when something that matters to them is at stake. Change often prompts stress – even when it's a change for the better. Stress has a purpose. It's a signal to get ready." For additional information, please visit our SEL at Meigs website (<https://selatmeigs.weebly.com/sel-for-parents-2022-2023.html>).

Susan K. Purcell-Orleck
susan.purcell-orleck@mnps.org

MATHEMATICS

Dr. Po-Shen Loh is the coach of the winning US Math Olympiad team. His Youtube videos have over 15 million views. He visited Nashville on a 40-city tour last summer for a talk to students about math and COVID. This summer he is returning on a similar tour for a different talk about mathematical creativity. Join him at Nashville's Edwin Warner Park Shelter #5 on Tuesday, **August 23 (5:45-7:15pm)** for an interactive event aimed at rising 5th-11th graders.

Registration and info:

<https://www.eventbrite.com/e/math-invention-life-nashville-tn-aug-23-2022-tickets-388744373887>.

CONGRATULATIONS TO THE 2022-23 VOLLEYBALL TEAM!

8th grade:

Eva Cargile
Anna Eckert
Lyric Gordan
Ainslee Hardin
Francesca Ingram

7th grade:

Cassie Gambill
Emma Hughes
Macey Mertes
Zoe Sobecki
Vivi Lee
Malena Washington

6th grade:

Charlotte Baldwin
Lauren Bridges
Kinslee Guerrier
Delilah Clevenger

Assistant: Julia Dennis

Coach Shaffer would like to thank everyone that participated in tryouts. Way to go girls!

EAST MIDDLE SCHOOL FOOTBALL SCHEDULE

Week 1

Sept 8- Dupont Tyler

Week 2

Sept 15- @Donelson

Week 3

Sept 22- Dupont Hadley

Week 4

Sept 28 (Wed)- @Two Rivers

Week 5

Oct 5- (Wed)- BYE

~FALL BREAK~**Week 6**

Oct 20-@Stratford

Week 7

Oct 26- Litton

PLAYOFFS

Nov 3- Rd 1

Nov 10- Rd2

Nov 17- CHAMPIONSHIP

Football Roster

Carl Birts

Richard Bowden Jr.

Lawrence Patterson Jr.

Ben Blaney

Kyre Vaught

Gabriel Arnell

Finn Casella

Desmond Vecchio

Zach Jones

Miles Jefferies

Tripp Keller

Audey Marth

Isaac Brown

Joseph Esayas

INVEST KICKOFF FOR THE 2022-2023 SCHOOL YEAR

Greetings Meigs families,

I hope you and your kids all are settling into the start of a new school year at Meigs.

Returning families might remember that I love being a constant encourager to give to our annual INVEST campaign.

And to our new Meigs families – welcome to Meigs and to being part of such a wonderful school community!

One of the most important ways we, as a PTO, support Meigs is through our annual INVEST campaign. This year our goal for INVEST is \$45,000 and that funding is invested 100% directly back into our school: classroom instructional materials, arts & technology, physical education, athletics, clubs, and much more! Many of these investments are “must haves” for our teachers to provide the excellence in education we have come to expect as Meigs families. We want to continue providing our amazing faculty what they need to give our children a top-notch education.

Last year Meigs received recognition as a National Blue Ribbon School – one of only 6 schools in TN and the only MNPS school to receive this honor. It is a testament to the dedication and excellence of our teachers and school leaders, and also to the commitment each of us makes to supporting our kids during their educational journey at Meigs.

Even before officially kicking off the INVEST campaign, we are already 4% of our way toward our \$45,000 goal – thanks to \$1,911 we have already received in donations from our families. To those who have already donated, thank you!!!!

Making a donation is easy - just select the [DONATE TO INVEST](#) button on the [PTO INVEST website](#) (<https://www.meigspto.com/invest-campaign.html>). You may also mail your gift as a check with an INVEST card found on the PTO INVEST website to: MEIGS PTO INVEST, 713 Ramsey St, Nashville, TN 37206. Remember that your donation is 100% tax-deductible.

We understand that all of us have varying circumstances and, if each of us give as we are able, we can meet this goal together. Meigs needs every donation, no matter the size! And if you have other family members who might want to donate to support your child at Meigs, ask them to donate using the links above – we accept donations from anyone who cares about Meigs!

On behalf of our students and teachers, thank you for your support of such a wonderful school. We are truly grateful.

All the best,

Rob Jack
7th Grade Parent and INVEST Chair

PTO NEWS

1st PTO Meeting of the Year

You are invited to the first PTO meeting of the year on Thursday, August 25th at 5:30 p.m. The meeting will take place in the library (enter through the cafeteria), or you can listen to the meeting using the zoom link –

<https://us02web.zoom.us/j/87498894920?pwd=TktRY0dVUy9NM1pkS3VxcGRtTGpMZz09>

Meeting ID: 874 9889 4920

Passcode: 347864

Jeni's Ice Cream Fundraiser - TOMORROW

Join us tomorrow (Wednesday, August 24th from 3:30 - 6:30 pm), at the East Nashville location of Jeni's Ice Cream for a back to school ice cream social fundraiser! Jeni's will be donating 25% of sales back to our PTO! Make sure to mention "Meigs Ice Cream Social" at the register or present the flyer that can be found at - <https://www.meigspto.com/jenis-ice-cream.html>

PTO Needs Help For The 2022 – 2023 School Year

The PTO is looking for an Invest Level Liaison (6th or 8th Grade) for the 2022 – 2023 school year. More information about this position can be found at - <https://www.meigspto.com/open-pto-positions-2022--23.html>

Shopping & Rewards

Want a simple way to help Meigs? Link your shopping rewards accounts at Amazon, Publix, and Kroger. You can also digitally collect your Box Tops for Education.

In years past, the monies raised from these efforts have helped grow our technology, music, and athletic programs. For info on how to easily link your accounts go to - <https://www.meigspto.com/shopping-and-rewards.html>

Titans Fundraiser

Enjoy a Titans game and raise money for our school. Discounted tickets for those who use our code, MEIGS, are available for the following games - November 13th v. the Denver Broncos, November 27th v. the Cincinnati Bengals, December 11th v. the Jacksonville Jaguars, and December 24th v. the Houston Texans. And best of all, \$10 from each ticket is donated to our PTO!

Plus, if we sell 150 tickets using our special code for the Bengals game, those in attendance will be brought out onto the field after the game for a special photo-op! We will also have special raffles of Titan swag for all of those that purchase tickets. To get a sneak peak of the swag that will be raffled as well as find out more information, visit -

<https://www.meigspto.com/titans-fundraiser.html>

To purchase tickets visit - <https://offer.fevo.com/school-ticket-program-b1d6719> Remember to use the code MEIGS and enjoy the game!

More Information

Need more information about Meigs and its PTO?? Here are some sites to visit –

Website: <https://www.meigspto.com/>

Facebook "Meigs PTO" Page: <https://www.facebook.com/MeigsPto>

Facebook "Meigs PTO Carpool Connection" Page:

<https://www.facebook.com/groups/238990073536430>

Instagram "MeigsPto" Page: <https://www.instagram.com/meigspto/>

COVID GUIDELINES 2022-2023 - FAQ

The purpose of this FAQ is to clarify new COVID information and guidance as it pertains to MNPS. If you have additional questions, please contact your school nurse.

Included in the FAQ is a link at the bottom on mask recommendations including how to ensure a proper fit. Physical distancing, mask wearing, and handwashing are essential migration strategies that should be practiced daily to keep the school community safe. Please remember to stay home if you do not feel well.

What is the difference between isolation and quarantine?

When someone has tested positive for COVID, they are in isolation. When someone is identified as a close contact of someone with COVID, they are not required to isolate.

What is the isolation timeline?

- The first day of symptoms OR the date of a positive test (whichever is earlier) is Day 0. A person who has COVID is required to isolate for 5 days following the onset of symptoms or positive test result. They are allowed to return to school on Day 6 ONLY if all symptoms have subsided and they have not had a fever in at least 24 hours without the use of fever-reducing medications (Motrin, Tylenol, etc.) The CDC recommends the individual should wear a mask in public and at school/work through day 10. Returning to work/school and activities is dependent on symptoms resolving and being fever-free for 24 hours without the use of medication.
- If symptoms have not resolved and a fever persists after day 5, contact your school nurse or a support hub nurse (support hub employees) for additional guidance. You will be required to stay home for an additional 5 days. Remember, if you are not feeling well, do not come to school or work.
- There is no need to test prior to returning to work/school. However, if you choose to test before you return and it is still positive, isolation will continue through day 10 and return to school/activities after day 10.

What is the quarantine timeline?

Close contacts, whether vaccinated or not, are no longer excluded from work/school in MNPS.

What kind of COVID test is acceptable?

A PCR or a rapid antigen test are both acceptable tests, including home Rapid tests.

Are results from an over-the-counter antigen COVID test acceptable?

Yes. If you have an at-home test that reads positive, it is not necessary for you to test again-PCR or rapid. We DO NOT need to see a negative test to return to work/school. A positive case only needs to complete their isolation and be fever-free and recovered before returning to work/school.

Where can I go to get a COVID test?

MNPS offers testing for students and staff through the school nurse. Individuals must be symptomatic or exposed, along with a written consent on file.

In addition to the standard testing sites, there are pop-up testing sites around the city when testing demand is high. You can find information for all of these by checking the testing calendar on <https://www.asafenashville.org/>. The Metro Health Department also publishes this information on Twitter, Instagram and their Facebook page.

If a student wakes up with symptoms, do I need to keep my other students home from school?

No. The other students can go to school while you await test results for the symptomatic student. Your other MNPS students may also continue going to school if someone in the house is positive for COVID. If someone in your home has COVID, they should isolate as much as possible to one room, use a separate bathroom and wear a mask if they need to leave the room for any reason.

My student tested positive, or I am a staff member who tested positive. Whom should I contact?

If a student or staff member tests positive, please email school administrators and/or the school nurse. Please include the date that symptoms began and the date of the positive test. We recommend that students follow up with their teachers to ensure they are aware of the work that must be completed while isolating. Students are strongly encouraged to continue their academic progress during a temporary COVID-19 isolation period.

My student tested positive, or I am a staff member who tested positive. How long do they (I) have to stay out of school?

The current CDC guidance for positive cases requires a 5-day isolation period. The beginning of isolation will start after the start of symptoms or positive test, whichever is earliest.

For example, if Suzy had a sore throat and fever on June 12, then tested positive on June 13, we would designate June 12 as her “Day Zero.” She would isolate until the end of Day 5, returning to school/normal activities on Day 6. For Suzy, that means she would return to school on June 18. She should wear a well-fitting mask for the full 10 days. HOWEVER, if Suzy still has a fever or other major symptoms that have not resolved, she will need to isolate until those symptoms have been gone for 24 hours without the use of medication. This does not include symptoms such as a mild, lingering cough, as those can continue for weeks or months after illness in some people. You can also refer to the previous section discussing isolation.

My student tested positive but feels ok and could do schoolwork at home. What should we do?

Work with school leaders to do the following:

- When a student has tested positive for COVID, a remote learning option is not available this year. MNPS has reverted to pre-COVID where the student can be provided opportunities to learn (e.g., via Schoology), and the student will be marked with an excused absence as they would be with any other illness (e.g., flu, strep throat).
- All absences will be marked as EXCUSED while the student is in isolation.

Who do I contact with attendance questions?

You can contact your student’s school administrator or front office staff for questions related to attendance.

Who do I ask for details about schoolwork?

Please contact your student’s teacher(s) if you have questions about schoolwork.

My student is vaccinated and was a close contact to someone and they were unmasked (for example, eating lunch together). Do they need to be quarantined considering their exposure was unmasked?

No. Students will ONLY be required to isolate if they are a confirmed positive case.

Will I be notified if my student was a close contact to a positive case?

Notification of exposure and guidance will be provided for students in a class with a confirmed case. If you are not sure you have the correct email or phone numbers on file, please check with the front office staff. If notified and you have questions about the exposure, contact your school nurse.

Does a student or staff member need a negative test to return to school?

No, MNPS does not require negative tests to return to school after isolation.

Does a student or staff member need a note from a medical provider to return to school?

No, they can simply come back with a parent note (for students) stating that they are not symptomatic, and it has been at least five days since start of symptoms/positive test. Remember, the day they started having symptoms (or tested positive if asymptomatic – whichever is first) is Day Zero. They may return to school/work on Day 6. HOWEVER, if the student still has a fever or other major symptoms that haven't resolved, the student will need to isolate until those symptoms have been gone for 24 hours without the use of medication and then return to school.

Face coverings refresher: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html>



CONTACT INFORMATION

MNPS WEBSITE

www.mnps.org

TECHNOLOGY SUPPORT

technology.mnps.org/support

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